



# THE GREEN CENTRE CIC

## FACTSHEET: POLLINATOR CRISIS



**One Planet Living project:** NATURE & WILDLIFE, ZERO WASTE, CULTURE & COMMUNITY

**Title:** Fly Wild – pollinator foodbank

**Date:** 2026

**Summary:** Increasing pollinator habitats in Brighton and Hove

## What do you know about the pollinator crisis?

### 1. Pollinator crisis: what's the problem?

Pollinator populations are in decline. Pollinators are threatened by many factors, climate change, loss in feeding and nesting habitats, toxic pesticides and disease. We are starving them of food, clean water, shelter and a safe place to thrive. We are effectively making them homeless.

### 2. Pollinators: who are they?

Pollinators include birds, bats, butterflies, moths, flies, beetles, wasps, small mammals, and most importantly, bees.

### 3. Pollinators: why are they so important?

Pollinators pollinate our food crops, but they are also vital for the survival of other wild plants that support so much of our wildlife. Without pollinators, the human race and all Earth's ecosystems would not survive. More than 80% of the world's flowering plants require a pollinator to reproduce, that's 1,200 crops and 180,000 different plants which help stabilize our soils, clean our air, supply oxygen and support wildlife.

## Here's how you can you help?

### 1. Grow flowers which support pollinators

You can support pollinators by growing flowers BUT they need to be the right kind. Pollinators need a variety of plants with differing flowering times to provide a consistent supply of nectar and pollen throughout the year.

### 2. Access to a garden?

Do you have your own garden? No? Do you have access to a garden? At a school? At work? In the community? Perhaps you know a neighbour who is unable to tend their garden. If so, you have access to a space to grow flowers.

### 3. Use Kate Bradbury's pollen and nectar calendar

Overleaf you will find a specially designed calendar created by Hove based Kate Bradbury. She is an award-winning writer, broadcaster, and TV presenter, specialising in wildlife gardening and has 4 books published on this subject. Kate created this calendar for gardens to provide pollinators with a year-round source of pollen and nectar. Thank you, Kate.



# POLLINATOR CALENDAR for GARDENS



This is a list of pollinator plants which flower in each month of the year, January through December, written by Kate Bradbury for Gardener's world. It is designed for people **with a garden**.

Month	Plants which will provide food for pollinators	Which do you already have?	Which will you add to your garden?
January	<i>Winter aconite, Clematis cirrhosa, Oregon grape</i>		
February	<i>Snowdrop, Crocus, Winter flowering heather</i>		
March	<i>Hellebore, Primrose, Hazel (catkins), Rosemary, Dandelion</i>		
April	<i>Willow (catkins), White Dead Nettle, Apple blossom, Lungwort, Grape Hyacinth, Cuckoo flower</i>		
May	<i>Hawthorn, Oriental poppies, Alliums, foxglove, Lupin, Red Campion, Red Clover, White Clover, Bird's Foot Trefoil</i>		
June	<i>Borage, Viper's bugloss, Mountain cornflower, Raspberry, Knapweed, Heather, Cranesbill Geraniums, Speedwell, Catmint</i>		
July	<i>Lavender, Oregano, Agastache, Scabious, Comfrey, Salvia, Verbascum</i>		
August	<i>Heather, Cardoon, Catmint, Globe Thistle, Sunflower, Yarrow, Hollyhock, Angelica, Cosmos</i>		
September	<i>English Ivy, Buddleia, Sneezeweed, Ice Plant</i>		
October	<i>Verbena bonariensis, Rudbeckias</i>		
November	<i>Bowles Mauve, Hebe</i>		
December	<i>Cyclamen, Winter honeysuckle</i>		

For more examples of pollinator planting guides check out the **Royal Horticultural Society** ([www.rhs.org.uk](http://www.rhs.org.uk)) and the **Bumblebee Conservation Trust** (<https://www.bumblebeeconservation.org/monthly-planting-guides/>)

**TOGETHER**, we can make Brighton and Hove the pollinator capital of the UK! Inspire your community by posting your flowers on our social media.

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